

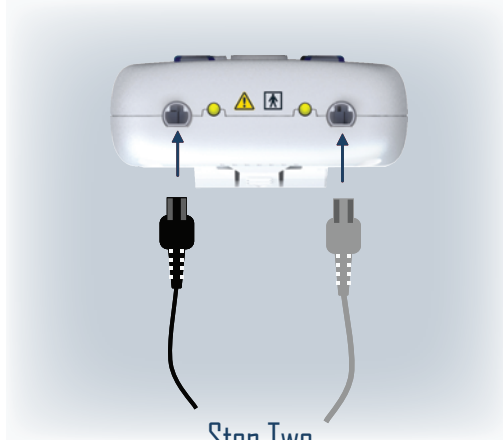
NexWave™

Quick Start Guide



Step One

Slide open back compartment & insert 9V battery. A/C adapter can be used in place of battery.



Step Two

Insert grey & black lead wire into the top of the NexWave™. Note flat side on male end of wires insert snugly.



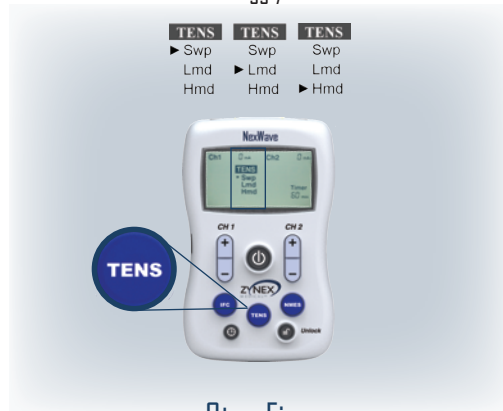
Step Three

Press middle button to turn on or off device.



Step Four

Press the lower left "IFC" button until the desired mode is indicated by the arrow.



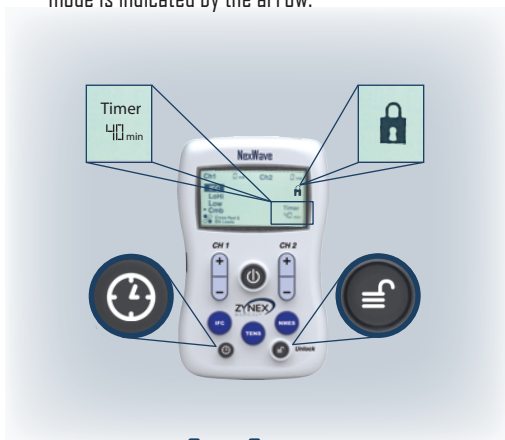
Step Five

Press the lower middle "TENS" button until the desired mode is indicated by the arrow.



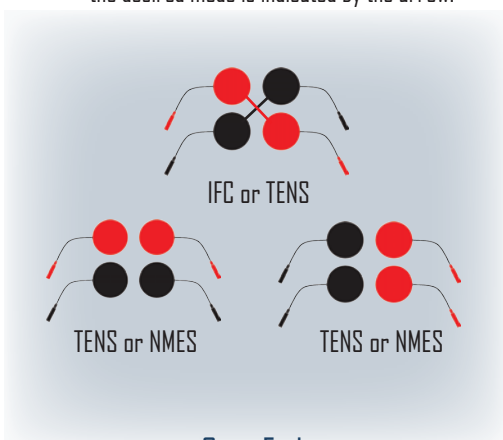
Step Six

Press the lower right "NMES" button until the desired mode is indicated by the arrow.



Step Seven

Press the lower left timer button until you get to 40 minutes, or desired time. Press the unlock button to change settings when "lock icon" is displayed.



Step Eight

Surround pain area with four electrodes, two in each lead wire. Cross pattern the red & black leads for IFC.



Step Nine

Increase intensity by pressing the "+" bar on either side to a strong but comfortable sensation. Press "-" bar to decrease intensity.

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