

TruWave TENS

Quick Start Guide



R_x STRENGTH PAIN RELIEF

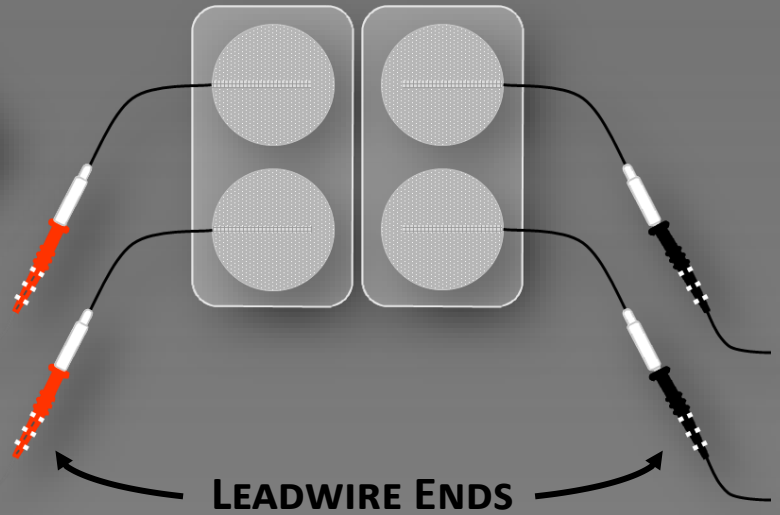


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Form #30059 Rev 1

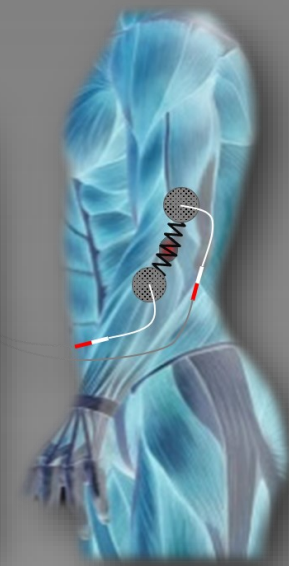
STEP 1

REMOVE ELECTRODES FROM BAG & CONNECT LEADWIRES

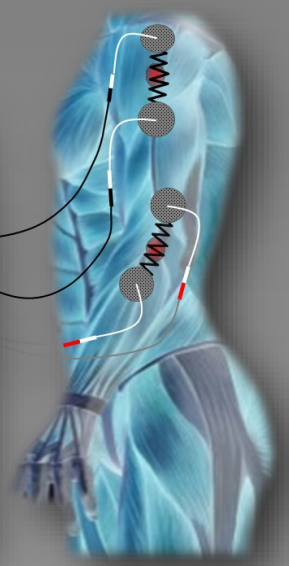


STEP 2

PLACE THE ELECTRODE AROUND THE AREA OF PAIN



ONE Channel Setup / 2 Electrodes



TWO Channel Setup / 4 Electrodes

SEE ELECTRODE PLACEMENT CHART FOR ADDITIONAL EXAMPLES

STEP 3

TURN DEVICE ON BY PRESSING THE UP ARROW ONCE



PRESS ONCE

STEP 4

START TREATMENT: SET STIMULATION LEVEL TO A STRONG BUT COMFORTABLE FEELING

ONE CHANNEL SETUP
PRESS TO INCREASE
STIMULATION

PRESS TO DECREASE
STIMULATION

TWO CHANNEL SETUP
PRESS TO INCREASE
STIMULATION

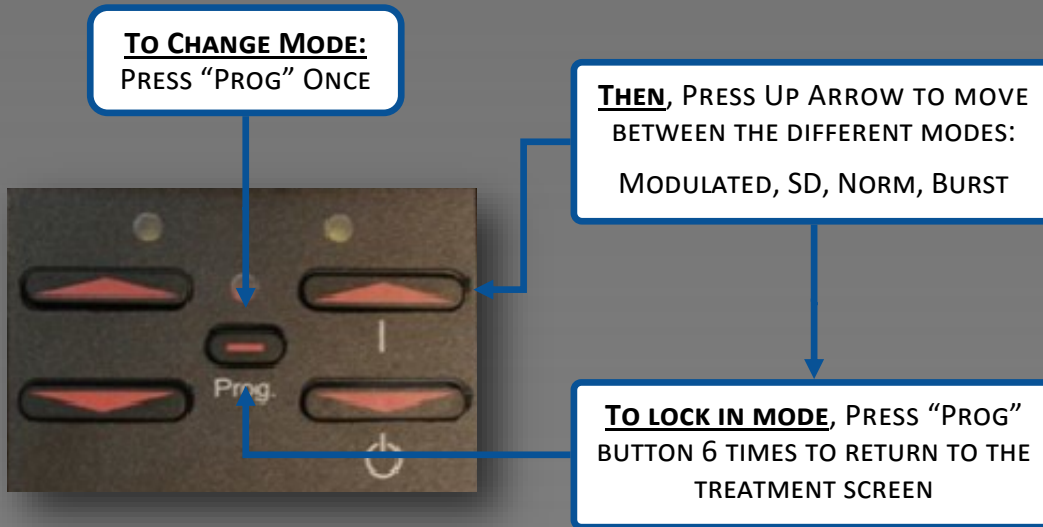
PRESS TO DECREASE
STIMULATION

TO UNLOCK BUTTONS: PRESS DOWN ONCE
TO TURN DEVICE OFF: HOLD DOWN FOR 2 SECONDS

PROGRAMMING INSTRUCTIONS

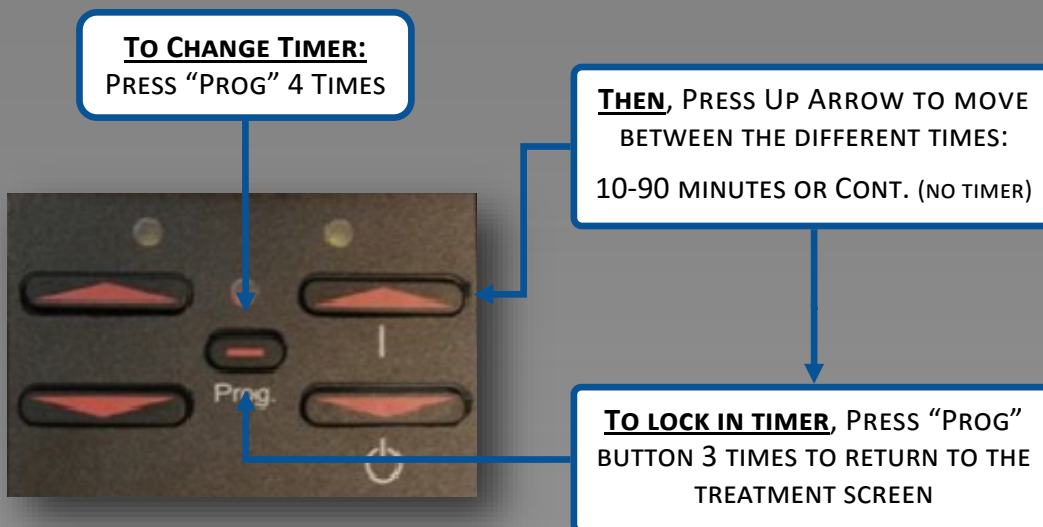
TRUWAVE TENS MODES:

CHOOSE BETWEEN FOUR DIFFERENT MODES AND TREAT WITH THE ONES THAT FEEL MOST COMFORTABLE.



TREATMENT TIMER

THE BUILT IN TREATMENT TIMER WILL AUTOMATICALLY END THE TREATMENT AFTER THE SET TIME. THE DEFAULT TREATMENT TIME IS 60 MINUTES.



If you need technical support or have additional questions about how to use your TruWave TENS, please call customer service: 800-495-6670