

# IF8100

## Getting Started

- (1) Slide the compartment door on the back of the unit down and insert the 9 volt battery.
- (2) Plug in the cables on the top of the unit. **(Fig. A)**
- (3) Attach the electrodes (Pads) to the pin connectors at the end of each cable. **(Fig. B)**
- (4) Apply the electrodes (Pads) in an "X" pattern to the skin with the center of the "X" directly over the painful area. **(Fig. C)**
- (5) Connect the AC adapter to the side of the unit, then plug it into the wall outlet - Do not use at the same time as the 9 volt battery.
- (6) Press the on or up arrow button to begin the treatment. **(Fig. D)**
- (7) Press the on button repeatedly to increase the strength of the stimulation. The sensation should be strong but comfortable.
- (8) Press the off or down arrow button **(Fig. D)** to decrease the stimulation (sensation) or hold the button down to turn the unit off.
- (9) As a safety feature, the unit will lock after 20 seconds of no buttons being pushed. To unlock, press the off or down arrow button once and then begin to increase the stimulation as needed.



Figure A

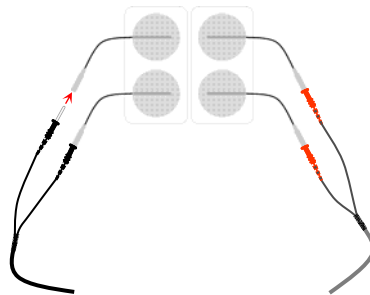


Figure B

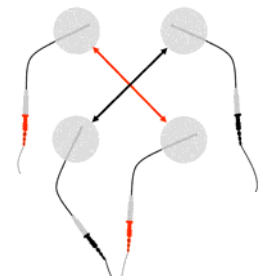


Figure C

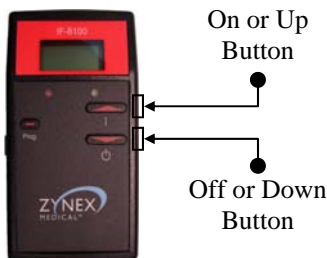


Figure D

**Note:** Zynex Medical products should be used according to the advice of a medical professional.

Please refer to recommended placement charts to position electrodes so that the current passes through the painful area.



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